



4 Week Rolling Menu

- Week 1**
- Monday** – Creamy Chicken & Tomato Pasta
 - Tuesday** – Beef Lasagne
 - Wednesday** – Broccoli Casserole & Mash
 - Thursday** – Sausage Hotpot
 - Friday** – Smokey Fish Pie
- Week 2**
- Monday** – Sweet & Sour Chicken & Rice
 - Tuesday** – Cottage Pie
 - Wednesday** – Cheesy Cauliflower Hotpot
 - Thursday** – Irish Stew & Mash
 - Friday** – Fish Cakes & Mash & Veg & Gravy
- Week 3**
- Monday** – Chicken Dinner & Mash
 - Tuesday** – Beef Casserole & Mash
 - Wednesday** – Pasta Marina & Garlic Bread
 - Thursday** – Sausage & Onion Gravy & Mash
 - Friday** – Salmon Tomato Pasta
- Week 4**
- Monday** – Chicken Casserole & Mash
 - Tuesday** – Beef Pasta Bolognese
 - Wednesday** – Tutti Fruitti Curry & Rice
 - Thursday** – Meatballs, Broccoli, Cauliflower & Mash
 - Friday** – Fish Fingers & Mash & Plain Gravy